

SMOOTHIES

HANDCRAFTED AND MADE-TO-ORDER, OUR SMOOTHIES OFFER A REFRESHING BLEND OF FRUITS, VEGETABLES AND ALL-NATURAL BOOSTERS

12 OZ \$7.25 | 20 OZ \$9.25

SKINNY

bananas, strawberries, apple cider, fat burner & vegan protein

MEAN GREEN

kale, spinach, mango, bananas, golden pineapple & fresh golden pineapple juice

BERRY POWERFUL

blueberries, strawberries, raspberries, bananas, vanilla almond milk, vanilla whey protein & flax seeds

BULLDOZER

bananas, peanut butter, vanilla almond milk & chocolate whey protein

COFFEE-N-CACAO

fair-trade coffee, raw cacao, almond butter, bananas, chocolate almond milk, chocolate whey protein & raw coconut sugar

APPLE CRISP

apple, spinach, apple cider, almond butter, vanilla almond milk, honey, cinnamon, cayenne, vanilla whey protein

BIG GREEN

kale, spinach, avocado, strawberry, almond butter, vanilla almond milk, chocolate protein powder

HANGOVER CURE

papaya, peaches, bananas, apple cider, vanilla almond milk, coconut, vitamin c, liver kidney lymph detox & honey

"GREEN" MONSTER

blueberries, strawberries, bananas, apple cider, super green food & vegan protein

BLUE VELVET

blueberries, acai, grass-fed whey protein, almond butter, coconut butter, coconut sugar, almond milk

BERRY CRUNCH

strawberry, banana, granola, greek yogurt, vanilla almond milk, açai, choice of peanut butter or almond butter

Liquiteria™
SINCE 1996

catering@liquiteria.com

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WE
GATER

catering@liquiteria.com

COLD PRESSED JUICE

Fresh
PRESSED
SINCE 1996

PACKED WITH EASILY DIGESTIBLE VITAMINS, MINERALS, AND ENZYMES, OUR JUICE IS COLD PRESSED FROM FRESH FRUITS & VEGETABLES THAT NOURISH YOUR BODY AS NATURE INTENDED

16 OZ \$9.25

ALL GREENS WITH APPLE, LEMON, AND GINGER

kale, spinach, romaine, parsley, celery, cucumber, apple, lemon, ginger

ALL GREENS WITH APPLE

kale, spinach, romaine, parsley, celery, cucumber, apple

ALL GREENS WITH LEMON AND GINGER

kale, spinach, romaine, parsley, celery, cucumber, lemon, ginger

ALL GREENS WITH LEMON

kale, spinach, romaine, parsley, celery, cucumber, lemon

GRASSHOPPER

apple, pineapple, mint, wheatgrass

MR. B

carrot, beet, ginger, orange, pineapple

C-SHARP

carrot, orange, ginger, lemon

ROYAL FLUSH

pineapple, apple, ginger

KILLER XX

apple, lemon, ginger, cayenne

PINEAPPLE COCONUT WATER

coconut water and pineapple

ORANGE JUICE

100% valencia orange juice



SANDWICHES

3 B & J

APPLE CRANBERRY TUNA
CHICKEN SANDWICH ON
WALNUT CRANBERRY BREAD
GRILLED CHICKEN PESTO
VEGGIE VEGAN

WRAPS

CLASSIC CHICKEN CEASER WRAP
FRESH MOZZARELLA AND
AND TOMATO WRAP
LEMON TUNA WRAP



SALADS

CALIFORNIA STYLE WITH
GRILLED CHICKEN BREAST
AND AVOCADO
GRILLED CHICKEN BREAST
SALAD WITH CEASER DRESSING
LEMON TUNA MIXED GREEN
WITH CITRUS DRESSING
VEGAN KALE CEASER BOWL

MINI BITES

BUFFALO CHICKEN
GREEK OLIVE AND HUMMUS
TURKEY GOUDA



AÇAÍ BOWLS

\$10

PEANUT BUTTER AÇAÍ

base: açai blended with apple cider, vanilla almond milk & bananas
toppings: peanut butter & granola

MEAN GREEN AÇAÍ

base: açai blended with spirulina, super green food, apple cider, vanilla almond milk & bananas
toppings: sliced bananas, blueberries & granola

AÇAÍ PARFAIT

base: açai, strawberries, almond butter, peanut butter, vanilla almond milk, honey
toppings: blueberries, bananas, strawberries & flax seeds

BERRY CRUNCH

base: açai blended with strawberry, banana, greek yogurt, vanilla almond milk, & choice of peanut butter or almond butter
toppings: granola, strawberries & sliced bananas

CHA CHA CHA CHIA

base: açai blended with blueberries, almond butter & vanilla almond milk
toppings: granola, strawberries, bananas, blueberries & chia seeds



STEEL CUT OATMEAL

\$10

THE CLASSIC

steel cut oats, apple, cinnamon, raisins & walnuts

BERRY BLEND

steel cut oats, strawberry, blueberry, banana & honey

PROTEIN POWER

steel cut oats with almond butter or peanut butter, banana, granola

BUILD YOUR OWN

steel cut oats with:
fresh berries
almond butter
sunflower seed butter
peanut butter
sliced bananas

BAKED GOODS PLATTERS

8-10 PEOPLE	\$60.00
15-20 PEOPLE	\$110.00
20-35 PEOPLE	\$166.00
35-50 PEOPLE	\$250.00

Please check with us for the most up to date list of baked goods options

BREAKFAST

CHIA PARFAIT	\$6.95
CHIA PUDDING	\$5.00
GRANOLA PARFAIT	\$6.50
PB OVERNIGHT OATS	\$4.00



COMBOS

FULL BREAKFAST	\$25	JUICE + LIGHT SNACK	\$15
<ul style="list-style-type: none"> choice of 16 oz. juice choice of oatmeal: berry blend, classic, protein powder, or create your own choice of baked good 		<ul style="list-style-type: none"> choice of 16 oz. juice choice of baked good 	
		LUNCH	\$30
		<ul style="list-style-type: none"> choice of 16 oz. juice choice of salad (choose individually packaged or plated) choice of baked goods 	

PLATTERS

SERVES	8-10
VEGETABLE CRUDITÉ	\$80
A beautiful platter filled with an assortment of julienne vegetables; carrots, celery, cucumber, cauliflower, broccoli, and red pepper strips. Served alongside a fresh homemade avocado dip, this can serve as a stunning centerpiece to your buffet table or party.	
MEDITERRANEAN	\$80

Seasoned olive medley, hummus, charred red and green pepper strips, freshly sliced English Cucumbers, homemade backed pita chips and triangles.

SANDWICH	\$135
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Taste and variety are featured in this selection of assorted sandwiches and wraps.

MINI SANDWICH	\$135
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Selection of assorted petite sandwiches and wraps cut into pinwheels.

FRUIT	\$75
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A colorful display of freshly sliced pineapples, cantaloupes and honeydew, generously garnished with red seedless grapes, kiwis and strawberries.

GRILLED VEGETABLE	\$75
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Fresh charred grilled zucchini, peppers, eggplant, asparagus and red onions.

GRAIN	\$55
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Red and white quinoa, orzo kale pesto, fregula spinach and lemon cous cous with ricotta de salata are featured in this beautiful display of grains.

CAESAR SALAD	\$60
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Flavorful tableside taste captured in this classic salad. Crisp romaine lettuce dressed with reggiano cheese and croutons accompanied by our homemade Caesar dressing.

GARDEN SALAD	\$50
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Freshly sliced vegetables in this colorful medley of cucumbers, grape tomatoes and shredded carrots atop a bed of mixed greens with homemade balsamic or red wine vinaigrette dressing.

CONTACT US AT:
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