

# NUTRITIONAL INFO

## BERRY POWERFUL

### INGREDIENTS

Blueberries  
Strawberries  
Raspberries  
Bananas  
Vanilla almond milk  
Vanilla whey protein  
Flax seeds

### NUTRITIONAL INFO

Serving size	20 fl oz
Servings per container	1
Calories	250
Total fat	3.75g
Saturated fat	0
Trans fat	0
Cholesterol	12.5mg
Sodium	212.5mg
Carbohydrate	45g
Dietary fiber	10g
Sugars	25g
Protein	7.5g
Vitamin A	10% (DV)
Vitamin C	5% (DV)
Calcium	75% (DV)
Iron	15% (DV)



## GREEN MONSTER

### INGREDIENTS

Blueberries  
Strawberries  
Bananas  
Apple cider  
Super green food  
Vegan protein

### NUTRITIONAL INFO

Serving size	20 fl oz
Servings per container	1
Calories	350
Total fat	0
Saturated fat	0
Trans fat	0
Cholesterol	0
Sodium	175mg
Carbohydrate	75g
Dietary fiber	7.5g
Sugars	37.5g
Protein	12.5g
Vitamin A	
Vitamin C	75% (DV)
Calcium	5% (DV)
Iron	6% (DV)



## MEAN GREEN

### INGREDIENTS

Kale  
Spinach  
Mango  
Bananas  
Golden pineapple  
Fresh golden  
pineapple juice

### NUTRITIONAL INFO

Serving size	20 fl oz
Servings per container	1
Calories	325
Total fat	2.5g
Saturated fat	0
Trans fat	0
Cholesterol	0
Sodium	75mg
Carbohydrate	70g
Dietary fiber	30g
Sugars	47.5g
Protein	5g
Vitamin A	150% (DV)
Vitamin C	250% (DV)
Calcium	20% (DV)
Iron	5% (DV)



## BULLDOZER

### INGREDIENTS

Bananas  
Peanut butter  
Vanilla almond milk  
Chocolate whey protein

### NUTRITIONAL INFO

Serving size	20 fl oz
Servings per container	1
Calories	525
Total fat	27.5g
Saturated fat	3.75g
Trans fat	0
Cholesterol	12.5mg
Sodium	187.5mg
Carbohydrate	52.5g
Dietary fiber	20g
Sugars	42.5g
Protein	20g
Vitamin A	5% (DV)
Vitamin C	10% (DV)
Calcium	62.5% (DV)
Iron	15% (DV)



## SKINNY

### INGREDIENTS

Bananas  
Strawberries  
Apple cider  
Fat burner  
Vegan protein

### NUTRITIONAL INFO

Serving size	20 fl oz
Servings per container	1
Calories	375
Total fat	0
Saturated fat	0
Trans fat	0
Cholesterol	0
Sodium	187.5mg
Carbohydrate	80g
Dietary fiber	7.5g
Sugars	42.5g
Protein	12.5g
Vitamin A	0
Vitamin C	112.5% (DV)
Calcium	5% (DV)
Iron	20% (DV)



## HANGOVER CURE

### INGREDIENTS

Papaya  
Peaches  
Bananas  
Apple cider  
Vanilla almond milk  
Coconut  
Vitamin C  
Honey  
Liver-kidney-lymph detox

### NUTRITIONAL INFO

Serving size	20 fl oz
Servings per container	1
Calories	400
Total fat	8.75g
Saturated fat	7.5g
Trans fat	0
Cholesterol	0
Sodium	87.5mg
Carbohydrate	75g
Dietary fiber	7.5g
Sugars	37.5g
Protein	5g
Vitamin A	15% (DV)
Vitamin C	3775% (DV)
Calcium	25% (DV)
Iron	5% (DV)



## MUDSLIDE

### INGREDIENTS

Blueberries  
Bananas  
Vegan protein  
Spirulina  
Vanilla almond milk

### NUTRITIONAL INFO

Serving size	20 fl oz
Servings per container	1
Calories	375
Total fat	6.25g
Saturated fat	0
Trans fat	0
Cholesterol	0
Sodium	425mg
Carbohydrate	67.5g
Dietary fiber	7.5g
Sugars	35g
Protein	15g
Vitamin A	62.5%
Vitamin C	25% (DV)
Calcium	62.5% (DV)
Iron	25% (DV)



## BLUE VELVET

### INGREDIENTS

Acai Blueberries  
Vanilla whey protein  
Coconut butter  
Coconut sugar  
Almond butter  
Vanilla almond milk

### NUTRITIONAL INFO

Serving size	20 fl oz
Servings per container	1
Calories	475
Total fat	20g
Saturated fat	6.25g
Trans fat	0
Cholesterol	12.5mg
Sodium	212.5mg
Carbohydrate	55g
Dietary fiber	15g
Sugars	40g
Protein	15g
Vitamin A	10% (DV)
Vitamin C	5% (DV)
Calcium	75% (DV)
Iron	20% (DV)



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## BIG GREEN

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### INGREDIENTS

Vanilla almond milk  
Strawberries  
Avocado  
Spinach  
Kale  
Almond butter  
Chocolate whey

### NUTRITIONAL INFO

Serving size	20 fl oz
Servings per container	1
Calories	550
Total fat	37
Saturated fat	4.5g
Trans fat	0
Cholesterol	20mg
Sodium	380mg
Carbohydrate	43g
Dietary fiber	14g
Sugars	20g
Protein	22g
Vitamin A	120% (DV)
Vitamin C	180% (DV)
Calcium	30% (DV)
Iron	25% (DV)



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## APPLE CRISP

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### INGREDIENTS

Green apples  
Apple cider  
Vanilla almond milk  
Spinach  
Almond butter  
Vanilla whey protein  
Honey  
Cinnamon  
Cayenne pepper

### NUTRITIONAL INFO

Serving size	20 fl oz
Servings per container	1
Calories	700
Total fat	29g
Saturated fat	4.5g
Trans fat	0
Cholesterol	50mg
Sodium	330mg
Carbohydrate	80g
Dietary fiber	10g
Sugars	57g
Protein	35g
Vitamin A	45% (DV)
Vitamin C	25% (DV)
Calcium	35% (DV)
Iron	20% (DV)



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## COFFEE & CACAO

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### INGREDIENTS

Fair-trade coffee  
Raw cacao  
Almond butter  
Bananas  
Chocolate almond milk  
Chocolate whey protein

### NUTRITIONAL INFO

Serving size	20 fl oz
Servings per container	1
Calories	450
Total fat	22.5g
Saturated fat	2.5g
Trans fat	0
Cholesterol	12.5mg
Sodium	112.5mg
Carbohydrate	45g
Dietary fiber	10g
Sugars	50g
Protein	15g
Vitamin A	0
Vitamin C	20% (DV)
Calcium	50% (DV)
Iron	25% (DV)



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## DEEP BLUE ACAI

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### INGREDIENTS

Acai  
Blueberries  
Mango  
Vanilla almond milk  
Orange juice  
Ginger  
Vitamin C  
Raw coconut sugar

### NUTRITIONAL INFO

Serving size	20 fl oz
Servings per container	1
Calories	575
Total fat	6.25g
Saturated fat	1.25g
Trans fat	0
Cholesterol	0
Sodium	100mg
Carbohydrate	125g
Dietary fiber	10g
Sugars	42.5g
Protein	5g
Vitamin A	255 (DV)
Vitamin C	3775% (DV)
Calcium	37.5% (DV)
Iron	10% (DV)

