

NUTRITIONAL INFO

PEANUT BUTTER

INGREDIENTS	NUTRITIONAL INFO	
Almond milk	Serving size	16 fl oz
Granola	Servings per container	1
Apple cider	Calories	840
Banana	Total fat	32g
Acai	Saturated fat	7g
Pure peanut butter	Trans fat	0g
	Cholesterol	0mg
	Sodium	590mg
	Carbohydrate	127g
	Dietary fiber	13g
	Sugars	54g
	Protein	22g
	Vitamin A	45% (DV)
	Vitamin C	20% (DV)
	Calcium	15% (DV)
	Iron	30% (DV)

MEAN GREEN

INGREDIENTS	NUTRITIONAL INFO	
Almond milk	Serving size	16 fl oz
Granola	Servings per container	1
Apple cider	Calories	620
Banana	Total fat	11g
Blueberries	Saturated fat	2.5g
Acai	Trans fat	0g
Spirulina	Cholesterol	0mg
	Sodium	420mg
	Carbohydrate	127g
	Dietary fiber	13g
	Sugars	54g
	Protein	13g
	Vitamin A	50% (DV)
	Vitamin C	30% (DV)
	Calcium	15% (DV)
	Iron	30% (DV)

BERRY CRUNCH

INGREDIENTS	NUTRITIONAL INFO	
Almond milk	Serving size	16 fl oz
Almond butter	Servings per container	1
Greek yogurt	Calories	510
Granola	Total fat	29g
Acai	Saturated fat	2.5g
Banana	Trans fat	0g
Strawberries	Cholesterol	0mg
	Sodium	290mg
	Carbohydrate	50g
	Dietary fiber	9g
	Sugars	24g
	Protein	17g
	Vitamin A	10% (DV)
	Vitamin C	25% (DV)
	Calcium	20% (DV)
	Iron	15% (DV)

CHA CHA CHA CHIA

INGREDIENTS	NUTRITIONAL INFO	
Blueberries	Serving size	16 fl oz
Almond milk	Servings per container	1
Strawberries	Calories	280
Banana	Total fat	9g
Acai	Saturated fat	1g
Almond butter	Trans fat	0g
Chia seeds	Cholesterol	0mg
	Sodium	120mg
	Carbohydrate	50g
	Dietary fiber	8g
	Sugars	33g
	Protein	5g
	Vitamin A	10% (DV)
	Vitamin C	90% (DV)
	Calcium	8% (DV)
	Iron	8% (DV)

ACAI BOWLS

HOLY CACAO

INGREDIENTS

Almond milk
Strawberries
Banana
Greek yogurt
Granola
Acai
Banana
Strawberries

NUTRITIONAL INFO

Serving size	16 fl oz
Servings per container	1
Calories	530
Total fat	17g
Saturated fat	4.5g
Trans fat	0g
Cholesterol	50mg
Sodium	170mg
Carbohydrate	68g
Dietary fiber	11g
Sugars	32g
Protein	30g
Vitamin A	8% (DV)
Vitamin C	90% (DV)
Calcium	15% (DV)
Iron	15% (DV)

VACATION

INGREDIENTS

Pineapple juice
Coconut milk
Banana
Strawberries
Pineapple
Granola
Acai
Sweetened coconut flakes

NUTRITIONAL INFO

Serving size	16 fl oz
Servings per container	1
Calories	840
Total fat	50g
Saturated fat	22g
Trans fat	0g
Cholesterol	0mg
Sodium	120mg
Carbohydrate	88g
Dietary fiber	22g
Sugars	42g
Protein	10g
Vitamin A	50% (DV)
Vitamin C	300% (DV)
Calcium	20% (DV)
Iron	30% (DV)